

Disaster prep: From finances to evacuation plans, how military families can stay ready

Military Times

Emergency preparedness is an important issue for service members and their families, said Army Maj. Gen. Kevin McNeely, director of manpower and personnel for the National Guard Bureau, during a recent meeting of the DoD Military Family Readiness Council. Military commissaries are taking note, promoting sales on a variety of items you could use to stock your emergency preparedness kit — whether the scenario is evacuation or shelter-in-place. [READ MORE](#)

US Navy to evacuate 5,000 as military preps for Hurricane Irma

CNN

The US military has ordered the evacuation of over five thousand personnel from a Naval Air Station in Florida in preparation for Hurricane Irma. Irma is now a Category 5 storm and one of the strongest ever recorded in the Atlantic. Currently, it is threatening to slam into Caribbean islands including Puerto Rico and the Virgin Islands with "potentially catastrophic" force on Wednesday, the National Hurricane Center said. The military is braced for it to hit the US mainland and the current forecast suggests it could strike Florida over the weekend.

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National Guardsmen ready for action as Hurricane Irma slams Caribbean

National Guard Bureau

Hurricane Irma, a monster storm packing winds up to 185 mph, is hovering over islands in the Eastern Caribbean as Florida National Guardsmen begin preparing for the storm to hit Florida and residents begin evacuating. Air and Army National Guard members have been mobilized in the U.S. Virgin Islands and Puerto Rico, which are in the path of the Category 5 storm. [READ MORE](#)

Recognizing the signs of stress in children after a disaster

Military OneSource

Even the most well-adjusted children may experience stress following a disaster or traumatic event. It's important to understand how to recognize and address signs of stress so you can help your children cope with their feelings. [READ MORE](#)

Tricare for college kids 101

National Military Family Association

Fall semester is in full swing and college students are filing into lecture halls and dorm rooms around the country. Whether your military kid is college-bound for the first time, or taking time off while staying at home, you'll want to make sure that their health care survives their transition into independence. [READ MORE](#)

How Starbucks served a military spouse while her husband served the country

Task & Purpose

When Jennifer Graham moved to Pensacola, Florida, she was virtually alone. She had arrived at the Gulf Coast in March 2005, where her then-fiancé John, a Navy pilot, was reporting for Aviation Preflight Indoctrination Naval Air Station Pensacola. Isolated and with few job options, Jennifer decided to apply to her old college employer: Starbucks. And more than a decade later, it was one of the best decisions she ever made. [READ MORE](#)